



St. Nicholas

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Mon: Great Feast of the Transfiguration of our Lord



Blessing of Students as they begin their academic year will take place next Sunday.

Time change The first Sunday in September – Sept. 2, we revert back to 10 a.m. for the Sunday Divine Liturgy.

Confessions This Dormition fast is an appropriate time to approach Holy Confession if you have not done so since Lent/Pascha. If you faithfully attend the Divine Liturgy each week and are not conscious of any grave sin, we should approach Holy Confession at least 3 times a year: during the Nativity Fast, Great Lent and the Apostles Fast or Dormition Fast.

A reminder: we should not approach the Holy Chalice if we have been absent from the Divine Liturgy without a serious reason.

In our parishes there are few serious reasons since we have the opportunity to participate in the Divine Liturgy on Saturday evening or Sunday morning.

THIS WEEK:

FRIDAY – 6:15 Confessions
7:00 Paraklis to the Theotokos

Welcome! to *Jodi Sinagra* and her children: *Mason, Manasseh, & Marcella* who were received into the Orthodox Faith today.

Soul Food I see people's sins, but I don't know whether they have made peace with God. I don't know if the person who has sinned regrets it, but I am not called to judge them, but only to forgive them. As I become aware of my own sins, and begin to realize how much forgiveness and mercy I need, I am less likely to see the sins of others.

If I find myself judging others, I must simply turn it around, and judge only myself. I must accuse myself, blame myself, judge myself, and get my focus off the other person. The only way I can overcome the sin of judging others, is to see only the sins of my own. True repentance comes only when I work on my own fallen nature.

Abbot Tryphon

During the Dormition Fast, we especially ask for the prayers and intercession of the Blessed Virgin Mary for all of our needs. Include these prayers in your daily prayer time:

We humble sinners now diligently run to the Birthgiver of God, and in repentance prostrate ourselves calling from the depths of our souls: O Lady, having compassion, help us. Hurry, for we perish from the multitude of sins. Do not turn away from your struggling servants, for as Mediatress, we have only you.

O Birthgiver of God we the unworthy, shall never cease glorifying you. For if you would stop praying for us, who would deliver us from our many misfortunes? Who would keep us free from sin? We shall not leave you, O Lady, for you alone are blessed and always save your people from all misfortunes by your prayers.

O gentle Protectress of Christians, unfailing Mediatress before the Creator, do not despise the prayerful voices of sinners but in your goodness hasten to assist us who trustfully cry out to you. Inspire us to prayer and hasten to hear our supplication. Intercede always O Mother of God, in behalf of us who honor you.

– from the Paraklis

